

FEBRUARY 1961

MAGAZINE OF THE



NATIONAL SPASTICS SOCIETY

PRICE 6d

SPASTICS NEWS



NATIONAL SPASTICS SOCIETY CENTRES

NATIONAL RESIDENTIAL CENTRES

THE THOMAS DELARUE SCHOOL

Dene Park, Tonbridge, Kent.
Telephone: Tonbridge 3859.

Headmaster:

H. B. Davies, Esq., B.Sc. (Econ.).

Chairman of the Board of Governors:
Douglas Delarue, Esq., J.P.

Secondary Modern and Grammar Education for Spastics of 11 years and over.

Accommodation 66.

IRTON HALL SCHOOL

Holmrook, Cumberland.
Telephone: Holmrook 242.

Headmaster:

A. Lubran, Esq., M.R.S.T., A.A.O.T.

Chairman of the Management Committee:
J. D. Herd, Esq.

Education for Spastics reputed to be below average intelligence.

Accommodation: 34.

THE "SHERRARDS" TRAINING CENTRE

Digswell Hill, Welwyn, Herts.
Telephone: Welwyn Garden 2125.

Principal: E. L. Knight, Esq.

Chairman of the Management Committee:

The Hon. Lady Bowes Lyon.

Vocational Training Centre for young adult Spastics.

Accommodation: 31.

THE CRAIG-Y-PARC SCHOOL

Penttyrch, Nr. Cardiff.
Telephone: Penttyrch 397.

Headmistress:

Mrs. C. M. Kearslake.

Chairman of the Management Committee:
Miss M. B. Jowett, M.B.E.

Primary Education for Spastics between 5 and 16 years.

Accommodation: 49.

HAWKSWORTH HALL

Guiseley, Leeds, Yorks.
Telephone: Guiseley 2914.

Principal: J. D. Johnson, Esq.

Assessment Centre for Spastic children between 5 and 13 years.

Accommodation: 24.

DARESBURY HALL RESIDENTIAL CENTRE

Daresbury, Nr. Warrington, Lancs.
Telephone: Moore 359.

Warden: F. W. Bellman, Esq.

Chairman of the Management Committee:
George Evans, Esq.

Residential Centre for Male Spastics aged from 16 to 35 years.

Accommodation: 23.

THE WILFRED PICKLES SCHOOL

Tixover Grange, Duddington, Nr. Stamford. Telephone: Duddington 212.

Headmaster:

R. A. Pedder, Esq.

Chairman of the Management Committee:
Eric Smith, Esq.

Primary Education for Spastics between 5 and 16 years.

Accommodation: 60, 12 Day Pupils.

COOMBE FARM RESIDENTIAL CENTRE

Oaks Road, Croydon, Surrey.
Telephone: Addiscombe 2310.

Warden: F. W. Bowyer, Esq., M.A.

Chairman of the Management Committee:
R. Meek, Esq.

Residential Centre for Spastics aged from 16 to 25 years. Accommodation: 41.

PRESTED HALL & THE GRANGE

Feering, Kelvedon, Essex.

Telephone: Kelvedon 482.

Warden: J. H. Watson, Esq.

Chairman of the Management Committee:

Miss Mary Ruck, R.R.C.

Residential Centre for Spastics aged from 25 to 40 years. Accommodation: 31.

THE GRANGE:

High Street, Kelvedon.

Accommodates 13 Spastics over the age of 40 years.

NATIONAL HOLIDAY HOTELS ARUNDEL PRIVATE HOTEL

23, The Leas, Westcliff-on-Sea.

Telephone: Southend 476351.

Manageress: Miss M. Burden.

Chairman of the Management Committee:

H. F. Savage, Esq., J.P.

Hotel for Spastics and accompanying relatives or friends. Accommodation: 19

Write to Manageress for bookings.

S.O.S. HOLIDAY HOTEL FOR SPASTIC CHILDREN

Colwall Court, Bexhill.

Telephone: Bexhill 1491.

Manager: G. H. Marsh, Esq.

Accommodation: 23.

LOCAL CENTRES AND CLINICS

In close co-operation with Local Authorities and/or Hospital Management Committees, the following Groups provide or assist special schools and/or treatment centres:

Hull	Portsmouth
Northampton	Reading
Nottingham	Southend-on-Sea
Pontefract	Swindon

Working independently, the following Groups have set up special schools or treatment centres:

Birkenhead	Leicester
Bolton	Plymouth
Cheltenham	Stockport

Operating entirely by voluntary contributions, the following Groups have treatment centres with or without nursery

classes. Some of these centres operate every day, others only part time:

Bedford	North Stafford
Bridgwater	(Stoke)
Brighton	Oldham
Chesterfield	Oxford
Croydon	Poole and Bournemouth
Epping Forest	South West Middlesex
Gillingham	South West Surrey
Grimsby	Swansea
Ipswich	Urmston
Luton	Wycombe and
Maidstone	District
North London	York

The following Groups have, what might be termed, special occupation centres and,

in some cases, treatment is available together with speech therapy:

Cardiff	Ilford
Bristol	Scunthorpe
Crewe	Southampton
Dudley	Sale
What might be termed Welfare Departments, mainly designed to assist older Spastics, are operated by the following:	
Bradford	Nottingham
Halifax	Widnes
N.W. London	

Work centres, varying in scope have been opened for adults by the following:

Bedford	Kingston-on-Thames
Croydon	N.W. Kent (Erith)
Central Middlesex	Stockport
Central Surrey	Swansea

Holiday homes are run by the following Groups:—

Cumberland, Westmorland and Furness, at Allonby, Maryport; Hull at Bridlington.

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FRONT COVER

ODDISCOMBE BAY, TORQUAY, is the sun-drenched resort on the cover.

If it evokes memories of delightfully lazy days spent lolling on beaches, and your mind turns towards thoughts of summer, go ahead!

To quote from Shakespeare's "King Henry IV":—

"If all the year were playing holidays,

To sport would be as tedious as to work;

But when they seldom come, they wish'd for come."

Solution to January Crossword

ACROSS

4. Majorca
8. Granary
9. Tapioca
10. Ostrich
11. Retreat
12. Titania
13. Strayed
17. Combat
21. Regents
22. Nausea
23. Coasting
24. Coyote
25. Solidity

DOWN

1. Agnostic
2. Factotum
3. Hacienda
4. Mythras
5. Jupiter
6. Rookery
7. Adapted
14. Travail
15. Averted
16. Extinct
18. Orator
19. Bishop
20. Traces

So turn to pages 11, 12 and 13 and you will find details of some ways in which you can spend your seasonal leisure.

Best drink
Ovaltine

It gives you

**HIGHEST QUALITY-
LOWEST PRICE**

1/6, 2/9 and 5/- per tin

Delicious! Vitamin-fortified!

P71B

NATIONAL SPASTICS SOCIETY

Registered in accordance with the National Assistance Act, 1948

28 FITZROY SQUARE
LONDON, W.1.

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University of London

Research Fellow:

Dr ALISON D McDONALD, MD

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Prof ALAN MONCRIEFF, CBE, MD, FRCP, FRCOG (Chairman)
Institute of Child Health, Hospital for Sick Children,
Gt. Ormond Street, London

from the Mailbag

OLD CHRISTMAS CARDS

Dear Editor,

I was very interested to read recently about the Hallmark Twelfth Night Appeal, which I thought might be of interest to your readers. Through this appeal, used Christmas cards are sent to schools, hospitals, aged and sick people all over the country—and even abroad—and given a new lease of life.

People are always very reluctant to destroy old Christmas cards—I know I am—but this year I sent mine to the Hallmark Appeal at: Hallmark Cards Ltd., Malkay House, London, S.W.7.

Yours sincerely,
(Mrs.) K. FULLWOOD,
Leeds, Yorkshire.

"LADIES' PAGE", YES PLEASE!

Dear Editor,

How pleased I was to read Miss Cartledge's letter in January *Mailbag* suggesting a "Ladies' Page" in the SPASTICS News. What a grand idea. It would be fascinating to hear about the hobbies and interests of other ladies and especially to swap ideas on how to manage with the housework!

I have very much enjoyed reading Derek Daniel's story "Winning Through"—some more stories, please, on the same lines.

After I have finished reading SPASTICS News I send it to my pen-friend in New Zealand, she is a spastic and works at home. I know she enjoys reading it as

much as I do. Long may the magazine continue to do its wonderful work.

Yours sincerely,
(Miss) JEAN CRAIG,
Reading, Berks.

CHRISTMAS AT CRAIG-Y-PARC

Dear Editor,

I thought that you would be interested to hear about Christmas activities at Craig-y-Parc.

Our party took place on December 13th and each child received a present, provided by Mr. Lobstein of the Gnome Photographers Limited, Cardiff. All the rooms in the house had been very gaily decorated, and Father Christmas and his retinue (houseparents who were dressed in various character costumes) were warmly welcomed by the children.

The Christmas concert was performed in the Hall of the Red Cross Society and both performances were received by a large and appreciative audience. It was a big thing to hold a concert involving most of the school (33 out of the 55 pupils cannot walk at all) some distance away, and a coach had to be hired for the purpose.

Yours sincerely,
(Mrs.) C. M. KEARSLAKE,
Headmistress,
Craig-y-Parc School.

[This month the number of letters has had to be reduced. More in next issue.—Ed.]

Prof J D BOYD, MD, MSc
Anatomy School, University of Cambridge
Dr J H CROSLAND, MRCS, D Phys Med
30 Weymouth Street, London

Prof J N CUMINGS, MD, FRCP
National Hospital, Queen Square, London

Prof P M DANIEL, MA, MB
Department of Neuropathology, Maudsley Hospital, London

Dr P R EVANS, MD, MSc, FRCP
Department of Child Health, Guy's Hospital, London
MISS N GIBBS, MA
Child Guidance Training Centre, Osnaburgh Street, London

Prof R S ILLINGWORTH, MD, FRCP
Department of Child Health, University of Sheffield

Dr J D KERSHAW, MD, DPH
Public Health Department, Colchester

Prof W C W NIXON, MD, FRCS
Obstetric Hospital, University College Hospital, London

Dr G PAMPIGLIONE, MD, MRCP
EEG Dept, The Hospital for Sick Children, Great Ormond Street, London

Prof L S PENROSE, MA, MD, FRS
Galton Laboratory, University College, London

Dr C G PHILLIPS, MA BSc, DM, MRCP
Department of Physiology, University of Oxford

Prof B S PLATT, CMG, PhD, MB
Human Nutrition Research Unit, National Institute for Medical Research, Mill Hill, London

Dr D D REID, MD, PhD
Department of Epidemiology and Vital Statistics, London School of Hygiene and Tropical Medicine

SIR CHARLES SYMONDS, KBE, CB, MD, FRCP
Neurological Department, Guy's Hospital

Prof JAMES WALKER, MD, FRCOG
Department of Midwifery and Gynaecology, University of St. Andrews, Scotland

Prof O L ZANGWILL, MA
Department of Psychology, University of Cambridge

MR. M. H. BOONE



Courtesy: Derbyshire Times

IT is with deep regret and a great sense of loss that we record the sudden death of Mr. Maurice H. Boone, who was a prominent member of the National Spastics Society for many years. He died on Thursday, January 12th at the Royal Hospital, Chesterfield. Mr. Boone was 64 years of age.

Mr. Boone had been a member of the National Spastics Society's executive committee since September 1957 and he also gave invaluable support to the Society's finance and employment committees.

He was a founder member of the Chesterfield and District Spastics Society and was a driving force behind the Chesterfield spastics centre which was opened last year. He was also first chairman of its management committee.

Mr. Boone was secretary of the Chesterfield Hospital Management Committee and was well-known in Chesterfield for his many charitable works.

Dr. C. P. Stevens, Director of the Society, says "Mr. Boone was a most valuable member of our Executive and in his passing not only the Chesterfield group but the entire spastics' movement has lost a very great friend and helper."

Mr. Boone, who lived at Oak Tree Cottage, Ashgate, Chesterfield, leaves a widow, a married son and an unmarried daughter.

Mr. H. E. Wolff, a friend and colleague on the Executive Committee, writes: "The name Boone will mean little to millions of people, but to thousands who have worked in and among spastics it will always be remembered. I had the privilege of knowing this warm, big-hearted personality for quite some time and travelled with him to different parts of the country with one object in mind, the welfare of spastics. Only last year one of his ambitions was realised, that of the day centre which was opened at Chesterfield in October. This will now stand as a permanent memorial to his name.

"Although not the parent of a spastic, this made no difference to his enthusiasm and drive in furthering the common cause. Here was a man who, having devoted his life to those less fortunate will be remembered with esteem."

... "INASMUCH AS YE HAVE DONE IT UNTO ONE OF THE LEAST OF THESE
MY BRETHREN, YE HAVE DONE IT UNTO ME."

COUNTRY WIDE *From our roving reporter*



Courtesy:
Evening Argus, Brighton

Not quite the coiffure for everyday wear, but you certainly wouldn't pass unnoticed at your next social evening. Liz Vaughan, of London, was one of the many models who took part in the hairstyling display by "Robert". More than a hundred people turned up to see the show organised in the Winter Garden of the Hotel Metropole, Brighton.

The day began early for the hair-dressers at the salon in the heart of Brighton. Starting at 8.30 in the morning, they washed and brushed, cut and set furiously right through the morning until the time for the display.

As it was all in aid of the local N.S.S., who benefited by 50 gns., the fuss, bother and backcombing were well worth it.

Princess Royal Opens Spastic Unit

The Princess Royal is to visit Middlesbrough on February 11th to open the Tees-side Spastic Treatment Unit. This unit has been built at a capital cost of £16,000, which was donated, through a campaign by the Tees-side Parents and Friends of Spastics, by industrial and other organisations as well as individuals in the area.

The new unit will provide therapeutic and educational treatment for 20 children drawn from the Tees-side area. The cost of equipping it (apart from educational equipment) has been borne by the Newcastle Regional Hospital Board, which has also made available the services of consultant medical staff.

Middlesbrough Education Committee have provided the educational equipment and the services of a head teacher, while the South Tees-side Hospital Management Committee have provided other staff, including therapists, and is to be responsible for the maintenance of the building.

To make this picture of co-operation complete, children will be taken to their new "schools" in ambulances.

"There is no doubt that this unit, made possible only by the efforts and enthusiasm of the Tees-side Parents and Friends of Spastics and the generosity of the public, will prove to be a boon to the young patients," said an official of the South Tees-side Hospital Management Committee.

"It is the realisation of a great need which neither the health, education nor hospital authorities could have provided by acting within the confines of their individual statutory powers."

Jersey Society's Bazaar

Bright Christmassy decorations transformed Glenham Hall where the Jersey branch of the N.S.S. held their bazaar.

It was opened by Senator-elect, John Le Marquand, who was accompanied by Mrs. Le Marquand (a self-confessed bazaar devotee!). Mrs. L. Smith, chairman of the branch, welcomed the guests. In replying to Mrs. Smith, Mr. Le Marquand commented on the fact that the Spastics Society was such a young movement; eight years ago there had been no National Society, and no branches. Now there were 130 regional societies doing extraordinarily fine work. Great work had been done by the local society in bringing handicapped children to the Island for holidays. A new school was being built and in it would be a magnificent swimming pool, provided by the supporters of the Jersey branch. Mr. Le Marquand felt that it was a joy to be part and parcel of something that would help so many others.

The bazaar raised £330 and the proceeds will go towards the fund for providing holidays for spastic children, and the swimming pool.



Courtesy: Croydon Advertiser

You might well be tired of turkey by now, but this monster champion was very well received at Coombe Farm. All 50lbs. 8ozs. of it provided a New Year's dinner for the residents. Holding the bird—and a chicken for comparison—in a Worcester Park butcher's shop are Mr. J. Barber and Mr. S. Hall. At least Coombe Farm had an oven big enough!

TWO NEW PUBLICATIONS

1. Fifty Facts on Art

This is the title of a 40-page illustrated booklet just published by The Fine Art Trade Guild.

The subject has been dealt with in a most interesting way. It offers helpful answers that have been given to 50 questions that arise time and again when the purchase of a very first picture is embarked on, whether it be for the home, for business premises, local centres, or anywhere else.

Courtesy: Southern Newspapers Ltd.

With the pantomime season in full swing, our silvery mermaids in the picture seem to have nothing better to do than make themselves beautiful. They are, however, children who attend Aster House, an Annexe of Bassett Green Schools opened by the Education Committee in 1956 for spastic children and gave their Christmas pantomime "The Little Mermaid" at two recent performances.

The fairy story was brought to life by the colourful costumes and "props" which were made by staff and children. The atmosphere of the deep sea was created by the attractive and realistic scenery painted by the children in their craft lessons and made more eerie with the help of green flood-lighting.

Contrasting scenes which portrayed the ballroom of a palace gave scope for music and movement, and the children showed a high standard of performance and were word perfect throughout.

This little book is addressed to the interested, fascinated, wondering or even bewildered folk who just wish they knew more about Art. It is hoped that it will assist many to enjoy what has been something of a mystery, and encourage many more to a closer and deeper enjoyment of one of the richest treasures of civilisation.

Copies of the booklet can be obtained from print-sellers or by post from The Publicity Department of The Fine Art Trade Guild, 48 Russell Square, London, W.C.1, price 1s. 6d. post free. With each booklet despatched from this address is included a list of local print-sellers who can supply at very short notice any one of the thousands of fine art colour reproductions that are available.

2. Important Bibliography on C.P.

From America comes an invaluable publication *An Annotated Bibliography of Selected References in Cerebral Palsy for Professional Personnel and Parents*. This has been developed because of the ever increasing request for selected reading materials from parents of the cerebral palsied and other handicapped children, from students, volunteer workers, and professional workers.

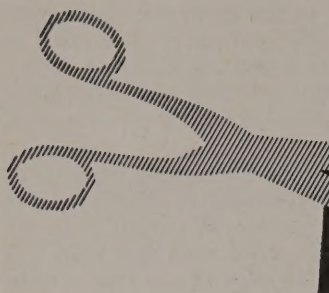
The presentation is the result of the combined efforts of three professional educators who have had a long interest in assembling the literature that has a bearing on the many aspects of cerebral palsy. A wide range of literature is represented, extending over a long period of time, so as to provide a large reservoir of information on cerebral palsy.

The authors hope that the special scheme of indexing will meet the needs of the beginning student as well as the parent and professional personnel. Among the subjects covered are medicine, education, psychology, social work, rehabilitation, counselling, vocational training, recreation, speech therapy, occupational therapy, nursing, physical therapy and administration.

Godfrey D. Stevens, Director of Special Education Section of the Medical and Scientific Dept., of United Cerebral Palsy Associations, Inc., New York, says in the foreword that his department is happy to have had a significant part in co-ordinating the efforts of Drs. Reid, Miller and Wolfe to compile this bibliography.

Further information may be obtained from the publishers, Stanwix House, Inc., Pittsburgh, 4, Pennsylvania.





all, this could be a lack of acceptance capped after the manner of this Professor Moore, it in the sun. A working committee was appointed, after which professional to elect representatives to the place in the third week in March. There will be a further meeting delegate from each country which will then have been collected.

NEWS IN BRIEF

Blackpool: Thanks to Mr. Robert Crawford, proprietor of the Lonsdale Sporting Club, Layton, Blackpool and Fylde Spastic Group are now the proud possessors of a horse-drawn landau. The maroon and yellow striped landau will be driven by the spastics themselves, who have already made friends with Jenny, the 17-year-old brown and white mare. Mr. Crawford said that he had been approached earlier this year by Mr. L. Troy the organiser of the Blackpool Group to help the spastics get a landau. However, as his enquiries met with no success, Mr. Crawford then decided to give them one himself.

We wish the children many a carefree canter during the new year.

Middlesbrough: Employees of John Harrison Ltd., at the North Tees Trading Estate, Portrack, have raised £30 by various efforts during the year, and have presented a cheque to Mr. A. Heseltine, acting chairman of Tees-side Spastics. The presentation was made during a tea break in the factory and Mr. Heseltine expressed his thanks on behalf of the Society.

Pontypridd: "I want, again, to be critical of the hospital services in that I do not feel they have paid sufficient attention to these spastic children." Mr. William Berriman, the chairman, made this comment at a recent meeting of the Rhondda and Pontypridd Hospital Management Committee, which received a plea for help from the Pontypridd Branch of the N.S.S.

Mr. Berriman continued that he recently had the opportunity of seeing a North Wales spastics' centre. He believed that there was room for the same type of centre to be set up in the Pontypridd area, not particularly for Pontypridd but for the surrounding area as well. Mr. Berriman added, "We have to approach the Welsh Regional Board. We are, of course, only concerned with hospital treatment, but to make things a success, the education of the children must also be brought into it." The committee adopted Mr. Berriman's suggestions.

Carlisle: Abracadabra . . . ! and, hey presto! a charity show which was "the first of its kind in Carlisle". This was the show produced in the City Hall by the Carlisle Society of Magicians, in aid of the local spastics society. The presentation was given by many well-known magicians of the north who kept the audience very well entertained with their mystic talents.

Reading: Thanks to the kindness of Messrs. Heelas, who provided facilities on their premises for a collection, Reading and District Spastics Welfare Society raised a total of £260 2s. 3d. Mr. R. C. Ridley, chairman of the society's executive committee, paid tribute to the wonderful and spontaneous generosity of the public and the indefatigable work of the voluntary collectors. A special "thank you" went out to

the anonymous donor who put a Queen Victoria sovereign in one of the boxes—this coin has an immediate cash value of £3 5s. 0d.—and the society proposes to auction it again at their next function.

Newcastle-on-Tyne: Ballroom dancing is one of the few entertainments at which children do not usually appear, but the manager of the Majestic Ballroom, Newcastle, recently rang the changes for one day in the year. The manager, Mr. Stewart Neilson, held a ball in aid of a local spastic children's school. The event was aimed to appeal to the whole family, with old-time and modern dancing, as well as rock-and-roll, so all tastes and ages were catered for. Says Mr. Neilson, "I have great hopes that this event will become an annual success, because it will bring the whole family together in a way in which few forms of entertainment can; and it is for such a worthy cause."

Halifax: A somewhat unusual catch for any angler would be the 4lb., 2ft. long chub belonging to Halifax man and local angler Mr. Albert Andrews, for this fish is made up of something like 23,000 pieces of silver paper in 500 thicknesses. It was an exercise in patience by Mr. Andrews, who since last Easter has spent most of his spare time in completing this exact replica of a chub. And it has all been done to help the Halifax and District Group of the N.S.S.

The fish has been mounted in a showcase, with a collecting box in the bottom corner for the local society. During the year it is planned to have it placed in various clubs and public houses in the area as a means of raising money. There are high hopes for large "scale" takings. . . .

Horsham: Many a storm lantern was unearthed from shed and loft and given an airing recently when a group of housewife friends sang well-loved carols to Ilfold residents. The lanterns, supplemented by torches, bobbed along from bungalow to bungalow but still did not give enough light to prevent one member of the group from disappearing into a ditch. She re-appeared almost immediately, muddled but undaunted. Listeners showed their appreciation by donating £7 4s. 0d., which has been shared equally between the N.S.S. and The British Empire Cancer Campaign.

Watford: "Stepping Out"—a children's dancing display by the Jean Picton School of Dancing in aid of the Watford and District Group of the Hertfordshire Spastics Society—was the very entertaining presentation at the Palace Theatre on a recent Saturday afternoon. This was the result of four months' preparations and hard work by the principals, which was well justified by the high standard of the performances.

Conway: Colwyn Bay and Conway District spastics' societies have benefited from a recent "Quiet Weekend". This was the title of the production given by the Colwyn Abbey Players, which met with overwhelming success, and the Abbey Players are dividing the entire proceeds between the two societies.

Ilford: What is Ilford doing for its spastic children? "As much as an educational authority with necessarily limited powers can," said Dr. I. Gordon, Medical Officer of Health at an Ilford meeting last week. They are planning a new school for children suffering from cerebral palsy at Little Heath next year. It will, it is hoped, be among the most up-to-date in the country, complete with a specially equipped and "rather unique" swimming pool. The present school at Seven Kings for 25 children was inadequate.

Kelso: A whist drive in aid of the Border Spastic Association, was held in Earlston, the result being a donation of £45 to the association. The evening was organised by Mrs. A. Bonar, and the Earlston group, and was held in the Masonic Hall. Mrs. R. Craig introduced Lady Haig of Bemersyde, Vice-President of the Spastics Association who presented prizes to the winners.

Hampstead: More instructors are needed to give swimming lessons to boys and girls suffering from cerebral palsy and polio at the Central Baths, Finchley Road, Hampstead, every Tuesday. At present 16 children are receiving lessons but the club hope to raise the total to 40 or 50 this year if volunteers will come forward. The object of the experiment, which has been running for two months, is to give these children some pleasant recreation and the instructors hope that in the long run it will help them physically. Any volunteers to help keep these children keep "in the swim?"

Darlington: A man who could neither write nor read at the age of 30 and who does not have the use of any of his limbs, now carries on an extensive correspondence by typewriter which he operates by means of a rubber funnel-like tube attached to his head. His machine is electrically operated.

The man is Mr. Roy Scott, a spastic from birth, who is a patient at St. Cuthbert's Hospital, Croft. Last Christmas he found a new outlet for his typing ability, when he began to use his machine to draw pictures. This work has gradually broadened from portraits to country scenes, and he usually finishes a picture in two days.

Oldham: The Oldham and District Spastic Society's day centre on Windsor Road has many friends who are ever ready to lend a practical hand to raising money. At Failsworth co-operative hall the entire proceeds of a dance organised by Hubron Rubber Chemicals Ltd., Failsworth, were devoted to the Centre's new ambulance fund. Among the guests were two well-known personalities, Jimmy Logan and Tommy Cooper, who are currently appearing at Manchester Opera House. Another big attraction at the dance was the auctioning of a rugby football, bearing the autographs of the Wigan, Oldham and Australian teams, which was given by the Mayor of Oldham, Alderman G. F. Holden.

Brighton: Early every morning Mrs. Rosa White dashes across Hove promenade from her home in Landsdowne-square, and takes her daily dip in the sea. She has been doing the same thing nearly every morning for the last 17 years, even the snow does not stop her. Only one event has interrupted her daily ritual—for the last five years she has taken her 19-year-old

son, who is a spastic, on a week's pilgrimage to Lourdes. He was only two when she started her dip-every-morning routine. Now in the summertime, Mrs. White takes her son with her into the sea. Says Mrs. White, "I rarely catch cold, and if I do, the next day's dip soon cures it."

Preston: The recent door-to-door house collection in Walton-le-Dale raised £74 12s. 5d. for the Preston and District Group.

Reading: It was a winter wedding for Miss Margaret Anne Searle and Mr. Michael Eppstein at the Church of Our Lady and St. Anne, Caversham. Miss Searle is on the staff of the Wilfred Pickles' School at Tixover Grange, where she will live with Mr. Eppstein, himself a spastic. She intends to continue in this post while Mr. Eppstein completes his studies, after which he hopes to teach handicapped children. The bride wore a pale blue brocade ballet-length dress, pale blue veil with white floral head-dress. A reception was held at the Gt. Western Hotel Ballroom.

Stockport: Fifty-nine-year-old Miss Audrey Gibson has retired from McVitie and Price Ltd., biscuit manufacturers at Heaton Chapel, after completing nearly 37 years' service. Now that Miss Gibson will have more time on her hands, she has decided to devote her energies to doing social work. In fact, she is changing from biscuits to spastics. Welcome to our ranks, Miss Gibson!

Tamworth: Ten-year-old Ruth Harrison wanted the doll in the carry-cot more than anything else in world. When she saw it her eyes lit up and she talked about nothing else for days. But her father didn't win the doll for his daughter in the competition run by the Prince of Wales Inn. And for Ruth nothing else would take its place. Then Mr. B. Vyse, treasurer for the competition heard the story, and he found out too that Ruth was a spastic. The original doll had gone to someone else, but Mrs. Arnold who had dressed it, made a replica within a few days. And so for Ruth, a dream has come true.

THERE ARE NO
CRISPS
TO EQUAL
SMITH'S
FOR QUALITY AND FLAVOUR

THE PSYCHIATRIST AND THE CEREBRAL PALSIED

by Dr. H. Mary Capes, M.B., D.P.M.,

Consultant Psychiatrist, Children's Hospital and the Child Guidance Clinic, Southampton

IT may be helpful to consider some of the personality problems and the emotional maladjustments which may sometimes be found in patients suffering from cerebral palsy, especially since specialists in this field have now been able to follow up their patients and their handicaps for many years. They have been able to note what has happened to them in adult life in regard to jobs and in regard to the place they have taken in the community. Many difficulties in adjustment have been described to which we ought to give more consideration than we have done in the past. One writer, for example, from the United States, reported recently that she had interviewed a number of cerebral palsy patients and that 75 per cent showed signs of emotional maladjustment, 20 per cent being so seriously maladjusted that they were unable to hold down jobs at all, although their physical handicaps would not otherwise have precluded them from working. Other writers point to the difficulty in job placement through lack of drive, interest and enthusiasm.

Denhoff repeatedly stresses that emotional factors in the habilitation of the patient with cerebral palsy are as important as any physical ones.

One hesitates to criticise when cerebral palsy patients have such handicaps to contend with, but in as much as we ask our patients, and their parents to face reality, we should also be prepared to do the same, for we may find that the fault lies in part within ourselves, in our methods of treatment and our failure to provide the optimum environment.

We are told of the intense feelings of insecurity, the shyness in meeting strangers, and the dread of making their own decisions which many patients display. Often the attitude to jobs is unrealistic, some want to take up jobs for which they are quite unfitted, and others lack the confidence to cope with a job which in fact they can manage very adequately. Yet another criticism is that adult cerebral palsy patients are still very immature in the sense that they are unable to accept frustration in a reasonable way, being quickly put out by relatively minor setbacks. A tendency to be self-centred, demanding and ignorant of the world around and of every day happenings is often noticed and knowledge about sex and human relationships may be very inadequate. But perhaps the criticism most commonly voiced is in regard to apathy and lack of drive.

These problems must be considered, however, from many angles. Firstly, cerebral palsy patients very often have some degree of brain injury at birth and brain injury inevitably produces some effect on the individual's personality. The effects on emotional development of neuromuscular weakness and abnormality must also be considered. For physical limitation and handicap must mould the personality to some extent, and cripple it through the restriction of movement which is imposed. But we tend to forget at times that the cerebral palsy child has the same normal and basic emotional needs as anyone else, and it is worthwhile looking into these for a moment.

You all know of the emphasis that is laid on the importance of the early days in a child's life. "Rooming in" is once more

advocated, that is the infant stays in a cot by its mother's bed for the first few weeks after birth; so is "feeding on demand" which roughly means the infant has a feed when it feels like it instead of mother keeping to the wretched clock too much.

Not only does the infant need comfort and contentment at the start, he early needs to learn to reciprocate his feeling with his mother and express his satisfaction in a responsive manner.

Recently Bowlby, and others, have been demonstrating the intensity and importance of what is called the "following period", when the toddler of 15 months or two years follows his mother around the house and does little things with and for her for the first time in the very special way that is his own. An interruption of this "following period" seems particularly disturbing.

At the three-year stage it is important for healthy emotional development that father should become as significant as mother, the other individual one wants to be like and to be loved by.

These in briefest outline are the important stages of emotional development of the under-five-year-old, though they must to some extent be modified or delayed in the handicapped or subnormal child. Sucking, which ought to be so pleasurable, may not be rewarding and the cuddle may only cause spasm and discomfort, although the sensitive mother realises she can comfort and caress her child in other ways.

One of the early problems which may have to be faced is the admission to hospital either for observation or treatment of the cerebral palsy toddler. It is important to appreciate the risks entailed in separating mother and child in the early years, particularly the cerebral palsy child, unless the mental abnormality is so severe that awareness is undeveloped. Interruption of family relationships and normal habits during the "following period" may create the very insecurity which later is so frequently deplored. This can often be obviated by mother being with her child in hospital.

Another point to be remembered is that when the child is starting to have physiotherapy—at perhaps two to three years of age—there can be much misunderstanding about it all. A small child naturally fails to appreciate why anyone should want to move its arms and legs about and generally manipulate it; this may seem like an attack and as such be quite naturally resented. And as physiotherapy gets under way it is not necessarily enjoyed; it may seem tiresome and a nuisance. Neither is it unknown for a young child who sees others running about but is unable to do so itself, to feel it is the others who are odd and doing unexpected things. Or, on the other hand, a young toddler who is less efficient and more handicapped than others in a group may be thought to be naughty by the others and feel this to be so.

How can a child at the age of two or three appreciate what is really involved in therapy? It must at least be enjoyable to obtain the optimum results. Do we sometimes force the issue too much?

(To be continued)

N.S.S. HOTELS

Sussex

COLWALL COURT

COLWALL COURT is the S.O.S. holiday hotel for spastic children. Situated at Bexhill only five minutes walk from the sea, the hotel is within a three-minute bus ride of Bexhill or within ten minutes bracing walk on the front.

Of special interest to parents is the fact that unaccompanied children can be accepted. Twenty-three guests are catered for. Facilities include a lounge, children's play room with toys, a reading room which has a long-playing gramophone, together with a fine selection of records, and all the bedrooms are on the first floor. Most important, there is a lift and there are toilets on the ground floor so that children do not have to go upstairs during the day. A large garden and vegetable garden lie at the back of the house. In fact Colwall Court has been actually designed to cater for spastic children.

Dependent upon the number in residence several house parents are in charge. The food is excellent being prepared by a very good chef who is resident. But then he has a streamlined kitchen complete with every conceivable modern gadget to help him in his work.

Unaccompanied children have outings arranged for them almost every day.

TERMS Weekly

Children - - - -	3 gns.
<i>April, May and September.</i>	
Non-spastic adults - -	8 gns.
<i>June, July and August - -</i>	10 gns.

Adults over 16 can be accepted by arrangement with the Manager.

A £1 deposit must be paid per person per week and the deposit must accompany the booking acceptance. As the intended policy for this hotel is that as many spastics as possible should benefit from the accommodation, families will be accepted only when a vacancy occurs near the date of the anticipated holiday. In the case of difficult circumstances one escort will be accepted. Parents who wish to take their holiday in Bexhill will be helped to find alternative accommodation and it is promised that should a vacancy occur they will be given first refusal within three weeks of the date of the holiday.

Enquiries please to G. H. Marsh, Esq., Manager, Colwall Court, Bexhill.

KNOW

THY

HOLIDAYS!

WITH the New Year celebrations past and the cold blustery weather settling in with a vengeance, now is the time to start thinking about holidays and, hopefully, about sunny days ahead.

To-day holidays are big business and the public is wooed with glowing posters, brochures and maps of far off fascinating climes where troubles don't exist and the brightly illustrated faces beckon to their paradisaical birthplace, their only object being to include you in their revelry.

But SPASTICS NEWS is not a travel magazine and finds no need to compete with the glossy literature which abounds in this field.

Printed on the next few pages are some of the hotels and holiday camps where spastics with or without their families may spend an enjoyable vacation.

Please don't forget that your Regional Officer is there to help you. He has, through the course of his work, discovered many places where spastics can stay. Do contact him if you have any problems of this nature for he can help you individually and make special arrangements.

R.O.s addresses on page 23 of this magazine.

If you know of people wishing to offer accommodation write in to HOLIDAYS, SPASTICS NEWS, 28 Fitzroy Square, London, W.1.

Essex

THE ARUNDEL PRIVATE HOTEL

ANOTHER of our national hotels is The Arundel Private Hotel at Westcliff-on-Sea. Here bookings can be obtained only by a spastic or by someone accompanying a spastic.

The idea of this hotel is to the everlasting credit of the East London Group, who were responsible for the first two years of its life.

Since the spring of 1959 it has been taken over by the N.S.S.—the original project really became too large for a single group to operate—and has, during the whole of its 3½ years, earned golden opinions and expressions of appreciation from spastics and their escorts who have spent their holidays there.

A Management Committee made up of local members is responsible for its smooth organisation.

The day to day running of the hotel is in the capable hands of a most efficient manageress—who is also an S.R.N.—together with a resident cook who have been with the Arundel from its beginning in 1957. Daily domestic staff and a male houseparent completes the personnel. Spastics from every corner of the country—including a honeymoon couple—have spent happy holidays there. Coach outings, arranged by a neighbouring Toc H group, occur each week and some local folk frequently call, with their cars, to take visitors out. TV and radio is provided as well as a gramophone on which a local enthusiast gives an occasional record recital.

This three-storeyed hotel caters for 19. Four bedrooms are on the first floor and three on the second. As there is a lift to the first floor it is here that the chair cases can be accommodated.

Washbasins are in each room; electric heaters are fixed high on the walls well out of harm's way. An unusual touch in the decor is that each bedroom has one wall painted a vibrant colour. A fair sized garden has a garage for two cars. There are three W.C.'s and two bathrooms.

TERMS

<i>In Summer</i>		<i>Weekly</i>
Adults - - - -	7 to 8 gns.	
Children, up to age of 16 -	4 gns.	
<i>In Winter</i>		
Adults - - - -	5 to 6 gns.	
Children, up to age of 16 -	3 gns.	
Rates for Spastic Adults less 1 guinea.		

Brochure on request to Miss M. Burden, Manageress, The Arundel Hotel, 23 The Leas, Westcliff-on-Sea, or phone Southend 476351.

WESTWAYS HOLIDAY HOTEL

WESTWAYS is situated on the shores of the Solway Firth facing west—as the name implies—with a lovely view over the Solway towards the Scottish hills. The sunset over Criffel is unequalled for beauty. The house offers good-class hotel accommodation with all the homeliness of a place designed especially for the handicapped person. Silloth-Maryport and certain Carlisle to Maryport buses stop a few yards from the door. Westways is at the southern end of the village of Allonby, stands in its own grounds giving quietude and isolation for those who want it, but within 100 yards of the village centre. The sea is virtually within 80 yards and the approach to the splendid beach and sands is easy. The bracing air is unequalled anywhere.

Westways is the holiday home of the Cumberland, Westmorland and Furness Spastics Society. It takes the place of the smaller but successful Solway Villa, which was opened as an experiment on April 26th, 1958. This new hotel can provide better amenities, including a playground equipped with swings, roundabouts, seasaws and sandpits. Wet weather is no problem as children can amuse themselves in the playroom packed to overflowing with all manner of toys.

There are nine bedrooms all with running hot and cold water. Two of the bedrooms are on the ground floor and in applying for accommodation, please state whether a downstairs bedroom is necessary. A spacious dining room has the television, leaving the comfortable lounge for those who want to chat or read.

	TERMS	Weekly
Adults	- - -	£5 5s. 0d.
Children of school age	-	£2 10s. 0d.

NOTE.—The Cumberland, Westmorland and Furness Spastics Society will pay the costs of a holiday for any period up to 14 days every year for any spastic and mother (or companion) living in the Society's area. Other members of the family pay the stated terms.

It may well be that applicants living outside the Cumberland, Westmorland and Furness area will find their local spastics' group willing to help financially.

A stamped addressed envelope should be enclosed with all applications to: The Hon. Secretary, Westways, Allonby, Cumberland (Telephone: Allonby 55).



Miss Osborne arranges the flowers

Recommendation

Here is a letter of recommendation from 25-year-old spastic, Ronald Waugh. He had no education until he was 21 when the Cumberland, Westmorland and Furness Society arranged for a retired schoolteacher to teach him.

"... Last summer I spent a most enjoyable holiday at Westways. Miss Robertson is the lady in charge and she makes everyone feel at home. It does provide a good opportunity for the parents of spastics to get together and discuss their various problems. Some people go to Westways feeling that they are the only ones there with a problem, but after a short time spent in the company of other spastics they feel as if their burden has fallen off their backs.

"During my holiday, I was amazed to learn that not only people from Cumberland, Westmorland and Furness area are taking advantage of the hotel, but people from the five northern counties and in one case from Lincolnshire.

"Although Allonby does not offer to visitors anything like the same amenities at the larger seaside resorts, the country is flat and ideal for spastics. Allonby is within easy reach of the Lake District and organised coach parties are planned by Miss Robertson visiting the many lakes where picnics, a sail by steamer, etc., can be part of an enjoyable day.

"I should like to thank all the people who have made Allonby Holiday Home possible and such a resounding success."

RONALD WAUGH,
Penrith.

PRIVATE HOTELS

North Wales

COED-EMRYS

THIS small private hotel in Colwyn Bay is run by Miss Rosalind Osborne, herself a spastic. It has been in existence for nine years, and was originally run with the help of her mother until the death of both her parents four years ago.

Coed-Emrys has nine bedrooms and can cater for 12 at a time. There is a lounge with TV, dining room, bathroom, cloakroom and hot and cold water in all rooms. A big garden at the back overlooks the bowling green and the house is only eight minutes walk from the sea and four minutes from the town.

Colwyn Bay itself has a lovely climate all the year round and is an excellent centre for exploring the mountains. As there is a branch in Colwyn Bay for spastics any guests can have free passes to the pier.

Although Miss Osborne takes visitors all the year round she reserves for accompanied spastic guests the periods after Easter until the end of June excluding Whit week and from the end of September through the winter if required.

Further information as to terms, etc., can be found on page 22 of this magazine.

Rosalind Osborne runs the hotel with the help of only one general assistant and two in the season.

At first she found the work terribly hard especially as she had never been very domesticated. Everyone was convinced she could not cope on her own but now she manages magnificently and wants more people to know of her hotel, especially spastics. There is no doubt that this landlady is confident in her ability to run Coed-Emrys successfully.

Switzerland

HOTEL ALPENROSE

AN hotel in Switzerland, noted for its hospitality to handicapped people, is the Hotel Alpenrose, Wilderswil, Bei Interlaken, whose proprietors are the Family Boss-Sterchi. Parties of handicapped people have frequently stayed there and last year a party of Extension Guides went for a holiday. Readers will remember the account by the spastic guide in the summer issues of SPASTICS NEWS.

HOLIDAY HOME

Sussex

ST. PETERS

The Donkey Club Holiday Home

ST. PETER'S is intended for the more severely disabled and for those whose disability makes it impossible for them to be accommodated in ordinary holiday accommodation. Providing that the guest is willing to spend from about 10 a.m. until 7 p.m. in their wheeled chair, no-one is refused. Bed cases are not accepted as they would be unable to enjoy the full facilities of this lovely Home with its delightful garden and direct private access to the beach and seashore. For St. Peter's is situated on the sea front at Lancing, Sussex.

Twenty children and twelve adults can be accommodated and there is no age limit. A resident and fully qualified nursing staff is in attendance.

Because the Home is of a charitable nature, the charges have been kept to an absolute minimum of 10 gns. for a complete holiday period in the case of adults (i.e. admittance alternate Mondays until the following Saturday week), and 5 gns. per week for children.

St. Peter's is solely for the benefit of the poor and distressed and *all applications must go through a recognised welfare organisation or a Public Health Authority*, who must also be responsible for payment of accounts. No applications of a private nature can be entered into and money will not be accepted direct from the applicant.

Unfortunately the Home is quite inadequate to deal with the number of requests it receives but it is hoped that it will act as a "blue print" of many such establishments.

The objects of the Donkey Club are:

1. To prevent the import and shipment of donkeys for slaughter under callous and inhumane conditions.
2. To ensure that all donkeys are in good homes and well cared for.
3. To devote all the profits of the Club to the welfare of animals and children.

The founders are Mr. and Mrs. Dinnage who work untiringly for St. Peter's, their own son had died at the age of 14 from Hotchkinsons Disease and stemming from this unhappy event St. Peter's came into existence.

CAMPS

TREASURE TROVE SUMMER CAMPS

National Association of Mixed Clubs and Girls Clubs

EVERY year the members of the N.A.M.C. & G.C. have a duty, through their Members' Councils, to perform for the members in the country. They choose a theme they think is most important for young people, in as many clubs as possible, to be thinking about.

In 1956 the members chose for their conference theme the title "Friends and Neighbours". A resolution was passed that it was not sufficient just to be talking about what friendliness and good-neighbourliness meant, but that the National Members' Council and Members' Councils should undertake projects which would be of definite help to people less fortunate than themselves. The two groups of people that they considered were the handicapped and the refugees.

For a number of years, at Whitsuntide after the National Members' conference, a summer school was run where members learned to spend a week with people from different parts of the country, working together at common interests. Each morning groups worked at subjects like art, drama, music, photography, canoe building and design for living, and in the afternoon had sports coaching in tennis, swimming, archery and sailing.

Miss Harford, once General Secretary of the N.A.M.C. and G.C., felt that such a week was just the thing for some handicapped people who lived very much alone. She asked if the Association would be prepared to run a course of this kind with the able-bodied members helping. They readily agreed, and this will be the fifth year for Treasure Trove summer camps for the physically handicapped.

Not only work in the grounds of Avon Tyrrell is organised, but wheelchairs are packed into coaches and trips are made into the New Forest.

(continued on next page)

A little book has been published by the Club about "The Adventures of Methusalah" one of the first donkeys to be rescued. Price 4s., post free and copies can be ordered from Mrs. Susan Dinnage, Lone Barn Farm, Wivelsfield Green, near Haywards Heath, Sussex. All proceeds go to the cause.

If you wish to join the Donkey Club the subscription for life membership is 5s.



Club members taking out the handicapped, during the Treasure Trove summer camp

Surrey

THE WOODLARKS CAMP

WOODLARKS is a camp site situated in 14 acres of ground on a hill top in Farnham, Surrey. It is the only camp run for very badly handicapped people. Nowhere are there any steps, and toilet facilities have been arranged to suit everybody. Two baths have special hoists and there is plenty of hot water.

As well as the usual tent accommodation, one large dormitory sleeps about 16 people. Blankets and crockery are supplied but not sheets.

Facilities include a swimming pool, netball court, workshop, and archery is practised; they even have their own chapel which lies in a circle of trees, out in the open air.

Each camp is run by a camp Commandant and to cope with very disabled girls there are three qualified nurses. They endeavour to have two helpers for every three campers. There is no camp warden and work is done voluntarily.

Cost is unbelievably cheap, 4s. a day which works out at £2 for ten days. This includes food which is good and plentiful. Outings are usually paid for by extra donations.

For further information please contact Woodlarks Camp Site, Farnham, Surrey.

NOVEMBER HOLIDAY

by

G. Gordon Lister

I SPENT a fortnight in November at Lulworth Court, a holiday home for the disabled, pleasantly situated on the esplanade at Westcliff, in the borough of Southend.

Under the aegis of the National Association of the Paralysed, it is run by Mr. Scofield, the handsome, kindly, super-intendent, known as Derek. In that holiday atmosphere, surnames are seldom used. We are Tom, Dick and Harry, Mary, Kate and Sue, meeting in fellowship one with another.

The cooking is excellent. Viands, piping hot, retaining their natural juices and flavours, are passed straight from the kitchen to the dining-room. Under the Superintendent and a Sister, the cadre of regular staff is richly augmented by volunteers of the Red Cross and St. John's Ambulance—sometimes the uniform of a Guider appears among them—and others who feel a vocation for nursing. Many of these young, able and willing helpers come from some distance, and have often done a day's work before setting about the arduous task of putting us to bed.

All day, others come asking to take us along the esplanade running from Chalkwell to Thorpe Bay. In this service there appears to be no age limit. One of the most assiduous of those chair-pushers was a youthful greybeard of eighty-two.

With the enthusiasm of boyhood, he shared in our Guy Fawkes celebrations on the beach, organised by the indefatigable Derek. For the occasion, he exchanged his smart felt hat for a battered old panama. From the promenade we watched his tall figure moving in the flickering light of the bonfire; a foil to Derek's pretty, lively little daughter, Cherril, who was darting hither and thither planting in the shingle her "Chinese flowers" to blossom into fiery petals, while rockets flew upwards from the lifelike guy's head, to break in many coloured spangles against the dark sky.

Another volunteer told me how he had marched with Allenby into Jerusalem and faithfully visited all the spots hallowed by association with Christ. Mentally, I added another ten to the sixty years I had ascribed to him.

No less interesting were the patients. My room-mate, a former member of the Force gave me fresh insight into the policeman's lot. An ex-sailor often challenged us to an extempore quiz and astounded us by his erudition. A handsome woman, whose goodness charmed us all, contrives to play a major part in running her home from a wheelchair.

Another told how, when he was on leave in the First World War, his father gave him a watch for his twenty-first birthday. "I had only been back in the trenches about a week," he said lightly, "when the thing stopped at a quarter to four, just as we went over the top. I was wounded and captured, and a Jerry took it off me." In the last war his son was lost at sea. His wife was dead. But he treated all his troubles as merely incidental. Paralysed from the waist downwards, he propelled his chair rapidly up and down the seafront, a true soldier if ever there was one, brave and cheery to the end.

Every week, some patients got free tickets for the theatre. Films are shown in the lounge, which is furnished with a piano, radio, TV, a beautiful little aquarium, and a "shop" where chocolates, cigarettes, and various requisites are sold. One evening visitors from Toc-H led us in a merry sing-song. The Vicar and choir of St. Saviour's on Sunday evening led us in hymn singing. A patient who had complained of this

interference with TV was afterwards the first to remark that the service had been a most refreshing break.

St. Martin's Summer brought comparatively halcyon days, when it was a joy to sun ourselves on the seafront. Myriads of seagulls looked strangely cosy as they nested on the sunlit waters, which we found were not chillingly cold. The good Sister paddled in and filled a bucket of sea water in which we dipped our hands and feet. I felt the tonic effect on my skin for many hours.

Aircraft gleamed on the sun-steeped airfield like strange creatures revived from a past stage of evolution, half bird, half fish. Trees in Bellfairs Park wore their autumn modes, age-old, but never old-fashioned. On the terraces of velvet turf sloping down to the bathing pool and the premises of the Thames Estuary Yacht Club, cypress and conifer overhung bright yellow chrysanthemums and the last roses of summer. Sunlight added a picturesque touch to narrow streets of wooden cottages, doubtless soon to disappear.

Clouds of seagulls chased fishingboats speeding home on the flowing tide to rest on the mudflats of Leigh and Benfleet harbours which once, ere they silted up, sent ships to meet the Spanish Armada. The little boats which they shelter now were equally ready to play a gallant part in the dark days of Dunkirk. By Southend Pier is moored a model of Drake's ship, *Golden Hind*, "manned" by appropriate wax figures.

Opposite Lulworth Court stands the Crow Stone, a granite obelisk, marking the spot where the Thames becomes the North Sea, and the jurisdiction of the Port of London Authority gives place to that of Trinity House. Between the grey waves ebbing and flowing over the mudflats, a long silver streak marks the Channel where great ships ply between London and the Seven Seas.

By noon, the sun has passed over Sheppey, and drops westward towards Canvey Island. Grey clouds are shot with mother o' pearl. When darkness falls, off the Isle of Grain a light emits four flashes at 15-second intervals. The brilliant white rays of Jupiter, and the lesser, yellow beams of Saturn, shine in a patch of pale green, opalescent sky where the sun has set over Canvey. Groups of lights, like fireflies in formation, show where big steamers ply through the night.

Such are the precious memories of my November holiday at Westcliff-on-Sea.

CAMPS—(continued from previous page)

One of the boys took his Bronze Award for the Duke of Edinburgh Scheme one year and spent his expedition night out camping with two members in the New Forest.

In all their work they are helped by the Red Cross and the St. John Ambulance Brigade, for in order to help these young people it is necessary that there are trained people. Nevertheless it is the members who wash, dress, carry and feed those who need this kind of attention.

The Association learned a great deal from the week spent at Avon Tyrrell. It needs a great deal of courage, first on the part of the parents to trust their young people to be away from them for a week, and secondly a great deal of courage on the part of the physically handicapped girl or boy to leave home—in many cases for the first time.

Two holidays are being organised this year, one at Avon Tyrrell, the holiday house in the New Forest on 9th-16th June, and one at Kilvrough Manor on the Gower Peninsula, near Swansea from 23rd-30th June.

For further information please contact: The Education Officer, The National Association of Mixed Clubs and Girl's Clubs, 30-32 Devonshire Street, London, W.1. Telephone: Welbeck 2941.

THE WINNER!

MR. JIM STUART of Skegness has won the superb first prize in our photographic competition with his delightful "Jolly holiday snap", "A-tyred for hot weather". Mr. Stuart sent in a good selection of photographs and his work is a fine example of what an amateur can achieve if he is interested in his subject. He says, "My little camera is over 20 years old. It cost under six pounds new, and my enlarger is a home-made one."

Jim Stuart works with his wife as Steward and Matron of the Derby Children's Home, Scarborough. This is a charity Holiday Home which provides holidays for needy boys and girls from five to fifteen years. Approximately 500 children attend each year as the Home is open all the year round; boys come for one period, girls the following.

Jim says that the title Steward and Matron are rather high sounding, as his wife does all the cooking and he himself can be better termed a handyman.

As can be seen from Jim's photographs a family atmosphere pervades the Home with all the staff working together, he and his wife acting as the father and mother. He himself admits, "There is no need for me to tell you that our's is a happy life."

Now this kindly man whose job it is to give happy holidays to others is now going to have the holiday of his lifetime.

Horizon Holidays is the fairy god-mother and is offering Jim a magnificent two-week holiday abroad. Free air flights are included with coach journeys to and from the airports. A resident Horizon guide will be on hand to arrange excursions and generally help make the most of his stay. We thank Mr. L. Kovan, Director, for his generosity on behalf of Horizon Holidays in making this possible.

There should be some beautiful photos to show your family when you get back, Jim.



"A-tyred for hot weather"

THE JUDGING

ON a wintry afternoon last year when the streets were already busy and brightly lit for the Christmas season, SPASTICS NEWS held the judging of the photographic competition, at 28 Fitzroy Square.

Lady Lewisham arrived looking beautiful as always. She wore a simple full-skirted afternoon dress and had quite the loveliest red velvet "Gigi" hat on her blond hair. A little red velvet cravat matched the hat.

Mary Grieve, the editor of the magazine known to millions, "Woman", came in suitably well wrapped up against the cold. Norman Hall, editor of "Photography", Gordon Lang, night art editor of "Daily Express", and young society photographer, Tom Hustler, hurried in. After being introduced to the Director, Dr. Stevens and to each other by your Editor they settled down to the pleasant problem of the judging.

The photographs were clearly displayed on stands and the judges certainly spent a most entertaining afternoon deciding on the winners. It was unanimously agreed (much to the delight of your Editor who has always believed in the brilliance of her readers) that the standard of entries was remarkably high. So much so that as well as the four sections into which the photos were classified, a fifth was made to cover the

excellent entries that were considered of high quality but which did not in fact come under any of the four categories.

The following pages show the winning pictures with the names of the winners. Not all of the photos could be reproduced as some have already been published in previous issues of the magazine and funds and space would not allow a reprint.

THANKS

The Editor would like to thank all her readers for the marvellous response to the competition; the very generous donors of prizes; and the judges for their enthusiasm and care in the selection.

Not every entry could win a prize but there are a number which can be utilised in connection with publicity brochures for the benefit of the Society. To these photographers many thanks are extended.

Readers may like to know that the New Year number of the SPASTICS NEWS sported a cover baby which was actually one of the competition entries. Thank you Mrs. Molly Jones of Woking. So that gives some idea as to how difficult it was for the judges to make their choice.

But don't sit back on your laurels now, there are going to be other competitions run by the SPASTICS NEWS. You can try your luck and/or skill again.



C.4 2nd—Four she's on a Seashore



C.4 3rd—Baby's first look at the Sea



C.1 1st—The Archery Lesson



C.1 3rd—Mother hen and her Chicks

THE WINNERS

(Photos on this page)

Class 4

JOLLY HOLIDAY SNAP

2nd Jim Stuart, Skegness.

3rd Mrs. Molly Jones,
Woking, Surrey.

Class 1

FOR SPASTICS ONLY

1st Miss Barbara Roberts,
Mitcham, Surrey.

2nd Sheila S. Lead, Gedling, Notts.
"Footcraft v. Handicraft"—
December issue.

3rd Geoffrey Keeling,
Fulwell, Sutherland.

Class 3

MOST UNUSUAL

1st Mrs. Molly Jones,
Woking, Surrey.
"What Birdie?"—
December issue.

2nd P. J. Clydesdale, Wrexham.
"The Witching Hour"—
September issue.

3rd Jim Stuart, Skegness.
"Beach Snap"—
December issue.

(Top right)

C.2 2nd—The toff makes tea.

(Top extreme right)

C.2 3rd—Slacking in the sun, Norman the Foreman's (Norman Powell, S.E. London Group) idea of working at the occupational therapy department of his local hospital.

(Centre extreme right)

C.X. 2nd—Two in Silhouette. This picture was taken in the hills around Bala, N. Wales.

(Bottom right)

C.X. 1st—Window Reflections.

(Bottom extreme right)

C.X. 3rd—Self-Portrait—In my darkroom.



THE WINNERS

(Photos on this page)

Class 2

ABOUT SPASTICS

- 1st Master John Norris,
Waltham Cross, Herts.
"Young Hopefuls"—
December issue.
- 2nd Miss Audrey M. Reid,
Darlington, Co. Durham.
- 3rd Miss D. M. Goldsmith,
Bexleyheath, Kent.

Extra Class

- 1st Mrs. Molly Jones, Woking.
- 2nd P. J. Clydesdale, Wrexham.
- 3rd Stuart Bell, Formby.

THE PRIZES

Prizes won were the Smiths De Luxe travelling alarm clock, the two Ronson lighters, the Kodak camera complete with its own carrying case and film, leather wallet and leather tape measure from Austin Reed, Ever Ready razors and gift vouchers from Wallace Heaton.





Building for the future

BRAMLEY HILL

Day Centre

of

Croydon

and District

Branch

Photographs by Bob Collins

BRAMLEY Hill has been the Croydon and District Branch's Centre for seven years. Before that time a group of parents had been running a tiny treatment clinic for a year. Miss J. Garwood who is one of the founders of the N.S.S., is chairman of the branch and indeed Croydon is the very first local centre of the N.S.S. To mention a few of the names behind this project, there was Mr. J. Holdhan and his wife, who was the secretary and a definite driving force; Mr. Fred Holley, the treasurer, Dr. J. H. Crosland is the Medical Officer. So strong has this group been, that many parents who worked towards the inauguration of Bramley Hill still do so today and as the Matron, Miss R. Stokes, says, "They are in it up to the hilt." A long rota of 40 voluntary helpers, each of whom takes a turn once a fortnight can be called upon to act as ambulance escorts but some do an hour or so at the centre.

The opening was in December of 1953 with only eight children attending the nursery and treatment centre. Gradually this built up to the fine place it is today with an attendance of between 26-30 children and three years ago a section for adults was started.

The children are divided into three classes:—

1. Under 5's some of whom only come three days a week as transport is not always available to bring them from their homes as far afield as Blackheath, Sidcup or Beckenham.

2. 5-8's who are able to benefit from education. These youngsters are trained with a view to going on to the County Borough School for the handicapped which is St. Giles, or to St. Margaret's, an independent spastics' school or to one of the N.S.S. schools. Under the guidance of a paid qualified teacher they receive tuition five days a week.

3. Ineducable children who attend three days a week. They have treatment at the centre until they are about 12 and then they might go to residential centres for the mentally handicapped or if they can walk on to occupational centres for the mentally handicapped.

Open from 9.30 a.m.—5 p.m. five days a week, the day children leave at 3.30 but from that time until 5 p.m. many children attend for out-patient treatment with their mothers. When children are new to the centre they come with mother as an out-patient and then later after the first strangeness has worn off, are put in the nursery. Out-patients also consist of children who go to a school where no treatment is available, e.g. a school for the deaf or the partially sighted, so they continue the treatment at Bramley Hill.

Mornings find the children in the school-room working happily at little individual tables but in the afternoons all the tables are stacked away and the children are put on the floor. Here they are able to practise exercises such as crossing legs and sitting up straight, and social and imaginary play is encouraged. Every Tuesday afternoon the children practise practical exercises such as dressing, tying bows, doing up buttons. A dressing-up box forms part of their equipment and

Lessons on the floor



they afford much amusement to the staff with their jester-like appearances.

Matron has been with the centre since it began and her happy sensible approach has spread a good influence at Bramley Hill. "We had no special chairs," she said, "just adapted each one as we went along. We seek to keep everything as normal as possible and only stray when it is vital for the child." Periodically Miss Stokes goes round the shops and the special suppliers to find the latest developments in equipment and, as she said, "After all, we *are* seven years' old now and we have learnt a thing or too." Big print in books with simple pictures she finds preferable and feels it is best to start the youngsters off with jig-saw puzzles which have a fixed background and only one definite object to work, like an animal or a house. As well as this, she looks after the house-keeping, and birthdays are eagerly looked forward to by the children as birthday cake and ice-cream are supplied.

At rest time, in her wonderful motherly fashion, Matron makes sure the little ones are comfortable and hands out toys or books for them to play with. Often the school children listen to the radio to "Listen with Mother" but some feel this programme is a bit "tame". Music too is on the curriculum and a percussion band practises once a week—drums, cymbals, tambourines and all the usual noisy instruments suitable for little noisy children.

Besides Miss Stokes and the teacher, the staff consists of three paid nursery assistants, three part-time physiotherapists, and one part-time speech therapist.

Mrs. Hoy is in charge of the adult section which is open every day, catering for 18 people. On an average, however, there are ten a day as each takes three turns a week. Mrs. Hoy, who has a spastic son of her own at the moment in a residential centre, specially learnt to do basketry, weaving and other handiwork in order to instruct these young people at Bramley Hill.

Bramley Hill itself was once a wartime day nursery, belonging to the local Borough Council and is now rented from them by the Branch. Total running cost is £6,000 p.a. but transport is provided by hospital car services and Croydon Local Authority give £300 p.a. grant towards maintaining the adult section. Meals are cooked on the premises by the cook with the help of the daily cleaner.

At the back of this big family house is a half-acre of garden which is used fully during the summer and even sometimes on colder days if it is dry, when the children play on the wide asphalt path with their little bikes and push carts.

The ground floor has been arranged to include a nursery, schoolroom, kitchen, waiting room which also serves as a staff dining-room, and a cloakroom where potting equipment for all sizes is available. In the hall the children's hats and coats live in divided cubby holes, after the fashion of those at the Leicester Centre and, indeed, at Bramley Hill this excellent method of keeping the children's toilet articles has been used with success.

Upstairs, is the physiotherapy room where one of the two couches has been nicknamed the four-poster, as a mirror is attached to four posts to form a ceiling—used as part of the treatment—and it is a common joke that "Queen Elizabeth slept here". Here too are the wall bars, graduated steps, and a most interesting feature—a crawling trolley. This is constructed like a tea trolley and is very light in weight. Slung between the two lower cross pieces is a canvas, on to which the child is placed face downwards in order that it may crawl without dragging its tummy on the floor. This and other very useful pieces of equipment have been constructed by a carpenter who provides most of the wood, and all the workmanship, free. Many of the chairs have been adapted by him in a way to suit the individual spastic. For example, in the room for ineducable children on this floor, ordinary chairs have hip blocks and foot rests. For one child who has a curvature of the spine, two uprights were fitted to the seat and a canvas slung between, to avoid his back being marked.

A small room has been set aside for special teaching which proves useful for a blind or deaf child who needs special treatment. In one case two very severely handicapped children were allocated a home teacher so she now teaches them together at the centre. A speech clinic lies adjacent.

The adults have their two workshops on this floor, the second floor being the caretaker's flat. One workshop has a sink where the girls can make their own tea and wash-up and just to make sure the supply of attractive crockery is not depleted, it is made of plastic. The adults make all types of basketwork, do embroidery and rug weaving and sometimes simple out-work.

Conducting the band



*Courtesy: Southern Evening News
The two oldest members at work*



NEW APPOINTMENTS

CHIEF REGIONAL OFFICER



A. M. Frank

THE N.S.S. has recently appointed Mr. A. M. Frank to the position of Chief Regional Officer.

As the first man to hold this position, his duties will include responsibility and support, under the Director, for Regional Officers and the co-ordination of their work as officers of the Society. Liaison between Regional Councils and between them and the N.S.S. Advice and assistance through Regional Officers with the development of Local Group activities, including Group projects up to the stage when they can be presented to the Projects Department and Committee.

Mr. Frank has been with the Colonial Administrative Service since 1947. He was in the Gold Coast until 1952 and in the Somaliland Protectorate until its independence in June 1960. From Assistant Secretary in the Secretariat he became District Commissioner and then permanent Secretary to the Ministry of Communications and Works. Before the independence he was supervisor of elections.

Educated at Cambridge he obtained an M.A. in Classics. During the war, Mr. Frank was with the Lancashire Fusiliers, with the Commandos in the Middle East for three years and later with the Parachute Regiment at Arnhem. He was awarded the M.C. in 1943 for service in Sicily with the Parachute Regiment,

the American Silver Star after Arnhem and a mention in dispatches.

Now living in Berkshire with his wife and four boys, Mr. Frank is glad to be home again and will be based at Fitzroy Square. He will be travelling round England visiting the R.O.s and we are sure he will meet with a very warm welcome.

DEPUTY APPEALS SECRETARY



Geoffrey L. Macnaghten

AT the New Year, Mr. Geoffrey L. Macnaghten joined the Society as Deputy Appeals Secretary.

Born in Kenya, Mr. Macnaghten came to England for his schooling. After being at Malvern College, he studied architecture for a while but before long accepted an offer to join one of the major oil companies as a sales trainee, graduating through various posts to manager of a Distributing Depot.

Later he volunteered for the R.A.F.V.R. and for a while served in the R.A.F. Police. On discharge as a Flt.-Lieut. in the R.A.F. Regiment in 1946, he returned to the oil industry where he specialised in modern sales promotion methods. Prior to joining the N.S.S. Mr. Macnaghten was for five years sales promotion manager of the Regent Oil Company when his activities included travelling extensively and lecturing throughout the U.K., Eire and the Continent. He has devised and supervised the production of films for the Company.

Married, with two daughters, Mr. Macnaghten lives in Chelsea. He says, "I hope that my experience in commerce will stand me in good stead in my new work." We are sure it will.

INFORMATION OFFICER



George Paton

A 33-year-old Scotsman is the new Information Officer of the N.S.S.

Former Chief Reporter of the "Edinburgh Evening Despatch", Mr. George Paton was for five years in charge of the news desk. For five years before that, he was the chief London representative of the same newspaper in Fleet Street.

George Paton was educated at Hamilton Academy and partly at Glasgow University where he took a course in English and Political Economy. Later he spent 3½ years in the Royal Navy and served in Africa and Germany.

His career in journalism began with the "Hamilton Advertiser" in Lanarkshire which is one of the largest weekly newspapers in Scotland. Following this he spent a few months on the "Enfield Gazette" in Middlesex, before moving to Fleet Street.

Mr. Paton is married with four children and now living in London which is no stranger to him. We wish him much success in his new position.

BRAMLEY HILL—(Continued from page 19)

Sales of the work increase yearly and reached £372 in 1960, a proof of the excellent workmanship.

More practical aids to efficiency can be found in the workshop; a holder for coloured split cane is suspended on one wall. Composed of four pieces of wood slotted together to form a frame with holes for pegs, the split cane is wound neatly round the pegs. A similar arrangement in the cellar for bundles of thicker cane has been constructed on a much larger scale. Various weaving frames have been constructed. One has two parallel bars fixed to the wall with an adjustable supporting ledge so that the frame may be easily manipulated by a girl or boy sitting in a wheel chair.

Friday night at Bramley Hill is a social night. The young adults play games and enjoy listening to records, tea is laid on, and until 9 p.m. when transport is available for their home going, their evening together is spent in a happy communal atmosphere.

But what of the future? Croydon and District Branch Centre has done so well that expansion is necessary. A number of children had been classed as ineducable before coming to Bramley Hill, but 28 have been sent on to other schools for further education even though they could not walk or in some cases, talk.

A year ago a grant was given by the N.S.S. and plans have been made for a new centre to be built on one floor where there will be more room for all. A kitchen for the girls where they can learn cooking and a tuck shop where handling of money will be learnt; two rooms which can be made into one suitable for meetings, which at the moment are squashed into the nursery; more indoor play space for bicycles and somewhere for the staff to relax for short periods. But Croydon is very built up and no land is available. It is felt that the new building might be begun in the present garden and the existing building knocked down in time.

Whatever transpires, however, the actual venue will not make any great difference. It is the people in charge and behind the scenes who make Bramley Hill the advanced and successful centre it is today.



EMPLOYMENT CORNER

The following are the latest placings in employment:—

John Bingham, from **Brixton**, who also attended our latest assessment course at the Arundel Hotel in November, is now working as a filing clerk with Tickopres Limited.

Betty Channon, from **Exeter**, has recently joined the new Plymouth Work Centre.

Noel Dardis, from **North London**, is operating a small injecting moulding machine with a jewellery-making firm in the City. Noel travels to work daily in his motorised chair through all the rush-hour traffic.

Jacqueline Fidler, who was trained at **Sherrards**, has recently moved to Southampton and is working with a local firm.

Ronald Ford, from **Wigan**, is now employed at the nearby Remploy factory.

Robert Hopson, from **Tipton, Staffs**, has recently completed his training at Sherrards and is now working as a machine operator with a local firm.

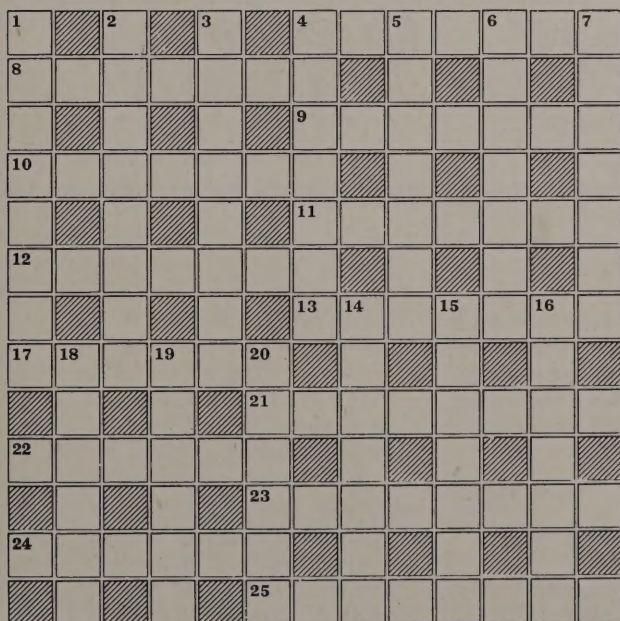
Ann Kirkbride, from **Cumberland**, is now a domestic assistant at Irton Hall School.

Ena Law, of **Chingford**, is packing in a local factory.

Bryan Snell, from **Brixham**, the accordionist at our latest assessment course at the Arundel Hotel in November, 1960 (photographed in the November issue), has recently started work with a large local engineering firm.

Anthony Stratford, from **Wiltshire**, who was a pupil at the Wilfred Pickles' School, has now been employed for some months with a local light engineering firm, and appears to be getting on well.

CROSSWORD PUZZLE No. 10



ACROSS

4. Brought to light in a negative sort of way. 7.
8. Here in 1588 Queen Elizabeth made her famous speech. 7.
9. Peg and Rene together fashion a table centre. 7.
10. An old weapon from the yew. 7.
11. The state is mainly desert. 7.
12. They might be termed the cross-legged race. 7.
13. Here one hardly expects to find Yale locks. 7.
17. Instruments that emit groans perhaps. 6.
21. Man's a pig with such an outlandish creed. 8.
22. He's the idol of the pagodas. 6.
23. "... , blushing, veils her sacred fires, And unawares Morality expires." Pope. 8.
24. This little group is a couple short of a crew. 6.
25. Insisted on flinging one's weight about? 8.

DOWN

1. It's to let in a dangerously pointed fashion. 8.
2. This is a great gamble even as a neck-line. 8.
3. Ale of a rich, warm hue. 8.
4. A she yew? Nonsense! 7.
5. A first-night politician? 7.
6. I upset 17 for the sake of an Italian. 7.
7. He's a fighter of the old school. 7.
14. The monastic curfew as it were. 7.
15. The sourest of criteria. 7.
16. Steer or bring round. 7.
18. No Dutch painter just one of Jacob's sons. 6.
19. They ensure that cooking doesn't spoil the figures. 6.
20. The hardest of Greek states. 6.

(Solution in March Issue)

Group Alterations

New Appointments:

FOLKESTONE & DISTRICT BRANCH

Hon. Secretary:
Mrs. D. WINSLEY,
Norland House,
44 St. George's Road,
Broadstairs, Kent.

SOUTHPORT, FORMBY & DISTRICT SPASTICS SOCIETY

Hon. Secretary:
F. J. ALTON, Esq.,
60 Park Road,
Formby, Lancs.

SOUTH WEST SURREY GROUP

Hon. Secretary:
C. RICE, Esq.,
Clinton, Nightingale Avenue,
East Horsley, Surrey.

Change of Address:

MAIDSTONE AREA SPASTIC GROUP

Hon. Secretary:
Mrs. R. EARL,
7 Knowle Road, Maidstone,
Kent. Tel. Maidstone 4625.

Change of Name:

Please note that the BROMLEY & DISTRICT SPASTICS GROUP has had a change of name. It is now known as:

**WEST KENT SPASTICS SOCIETY—
INCORPORATING BROMLEY AND
DISTRICT SPASTICS GROUP.**

Affiliations:

**WALTHAMSTOW AND DISTRICT
SPASTICS SOCIETY.**

**MANCHESTER AND DISTRICT
SPASTICS SOCIETY** has now re-affiliated
with the N.S.S.

Classified Ads.

HOLIDAY ACCOMMODATION

COLWYN BAY

COED-EMRYS PRIVATE HOTEL

PHONE: 3292

A small private hotel beautifully situated in its own grounds Good food, every comfort and homely atmosphere where spastics and their families are very welcome from September to June (except Easter and Whitsun weeks) Downstairs bedrooms available

Terms: From 6 guineas per week
(children 4½ guineas).

Parties of up to 12 persons catered for.

Proprietress: Miss R. M. OSBORNE.

Miserable cold? Temperature?

One Degree Under?



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'ASPRO!'*

'Aspro' does not harm the heart

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May, June, September - 5½ " "

July, August - - - 6½ " "

Please mention this magazine when applying for further details to:—M. G.

Morton, Esq., 2 Fauchons Close, Bearsted, Maidstone, Kent.

DORSET

A HAPPY and recuperative holiday home between Bournemouth and Poole for the less severely handicapped boy, with the understanding and individual attention only a small family atmosphere can give. Officially approved. Open all the year round.—98 Alexandra Road, Parkstone, Dorset.

N.S.S. Regions

Disposition of the Groups

Chief Regional Officer

(A. M. Frank, M.C., M.A., Netherleigh, River View Road, Pangbourne, Berks)

Eastern Region

(Harry G. Knight, 58 Park Road, Peterborough,
Northants. Tel: Peterborough 67045)

Chesterfield and District Spastics Society
Corby and District Branch
Derby and District Branch of NSS
Grimsby, Cleethorpes and District Friends of Spastics Society
Ipswich and East Suffolk Spastics Society
Leicester and Leicestershire Spastics Society
Lincoln Branch
Mansfield and District Friends of Spastics Group
Norfolk and Norwich Spastic Association
Northampton and County Branch
Nottingham Friends of Spastics Group (Sub-Committee of Nottingham District Cripples Guild)
Peterborough and District Group
Scunthorpe and District Spastic Society
Stamford Branch

Midland Region

(Officer to be appointed in 1961)

Cannock Chase Spastic Association
Coventry and District Spastics Society
Dudley and District Spastic Group
Ludlow and District Spastics Society
North Staffordshire Spastic Association
Shrewsbury and District Spastics Group
Stafford and District Spastics Association
Worcester and District Branch

North Region

(Roland J. F. Whyte, N.S.S. Trevelyan Chambers, 7 Boar Lane, Leeds, 1. Tel: Leeds 33933)

Barnsley and District Association
Bradford and District Branch
Castleford and District Spastics Committee
Darlington and District Spastics Society
Dewsbury and District Spastics Society
Goole and District Spastics Association
Halifax and District Spastic Group
Hull Group, The Friends of the Spastics Society in Hull and District
Leeds and District Spastics Society
Pontefract and District Spastics Society
Rawmarsh and Parkgate Spastics Society
Sheffield and District Spastics Society
Sunderland and District Spastics Society
Tees-side Parents and Friends of Spastics York and District Spastics Group
(Thos. H. Keighley, 42 Goldsworthy Road, Flixton, Urmston, Manchester)

Birkenhead Spastic Children's Society
Blackburn and District Group
Blackpool and Fylde Spastic Group
Bolton and District Group
Chester and District Spastics Association
Crewe and District Spastics Society
Crosby and District Spastics Society
Cumberland, Westmorland and Furness Spastics Society
Furness and District Spastic and Handicapped Children's Society
Lancaster, Morecambe and District Group
Manchester and District Spastics Society
Oldham and District Spastic Society
Preston and District Group
Sale, Altrincham and District Spastics Society
Southport, Formby and District Spastics Society
Stockport, East Cheshire and High Peak Spastics Society
Urmston and District Group
Warrington and District Group for the Welfare of Spastics
Widnes Spastic Fellowship Group

Northern Home Counties Region

(Robert C. Lemarie, Woodlands, 1 Melbourne Road, Bushey, Herts. Tel: Bushey Heath 2758)

Bedford and District Branch of NSS
Bishop's Stortford Group, Herts Spastics Society
Central Middlesex Spastics Welfare Society
Clacton and District Group
Colchester and District Group
East Herts Group, Herts Spastics Society
East London Spastic Society
Epping Forest and District Branch of NSS
Essex Group
Harlow and District Branch
Hatfield Group, Herts Spastics Society
Hemel Hempstead Group, Herts Spastics Society
Hitchin and District Friends of Spastics
Ilford and District Spastics Association
Luton and District Spastics Group
Maidenhead Friends of Spastics Group
North London Area Association of Parents and Friends of Spastics
North-West London Group
Oxfordshire Spastics Welfare Society
Reading and District Spastics Welfare Society
Slough and District Spastics Welfare Society
Southend-on-Sea and District Spastics Society
South-West Middlesex Group
St. Albans and District Group, Herts Spastics Society
Walthamstow and District Spastics Society

Watford and District Group, Herts Spastics Society
Welwyn Garden City and District Group, Herts Spastics Society
Wycombe and District Spastics Society

South-East Region

(Simon T. Langley, 137 Upper Grosvenor Road, Tunbridge Wells, Kent. Tel: Tunbridge Wells 21980)

Bournemouth, Poole and District Spastic Society
Brighton, Hove and District Branch
Central Surrey Group
Croydon and District Branch
East Sussex Group (Hastings and District)
Folkestone and District Branch of NSS
Isle of Wight Group
Maidstone Area Spastic Group
Medway Towns Branch of NSS
North Hants and West Surrey Group
North Surrey Group (Kingston)
North-West Kent Spastic Group
North-West Surrey Group
Portsmouth and District Spastic Society
Southampton and District Spastics Association
South-East London Group
South-East Surrey (Redhill) Spastics Group
South London Group
South-West London and District Group
South-West Surrey Group
Thanet Group
Tunbridge Wells Area Group
West Kent Spastics Society—Incorporating Bromley and District Spastics Group

Welsh Region (including Mon.)

(Brian Kingsley-Davies, Delfryn, Clevedon Avenue, Sully, Glam. Tel: Sully 384)

Cardiff and District Spastics Association
Colwyn Bay and District Spastics Society
Conway and District Branch of NSS
Kenfig Hill and District Spastics Society
Merthyr Tydfil and District Spastics Society
Pontypridd and District Group of NSS
Swansea and District Spastics Association

Western Region

(John J. Walch, St. John House, Park Street, Taunton, Somerset. Tel: Taunton 81678)

Bridgwater and District Friends of Spastics Association
Bristol Spastics Association
Cheltenham Spastic Aid Association
Plymouth Spastic (CP) Association
Swindon and District Spastic Society
Jersey Branch, Channel Islands.

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